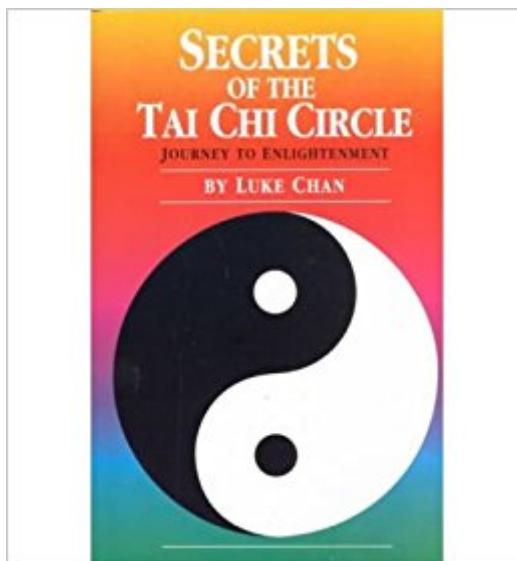


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# Secrets Of The Tai Chi Circle: Journey To Enlightenment



## **Synopsis**

Secrets of the Tai Chi Circle: Journey to Enlightenment

## **Book Information**

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## **Customer Reviews**

Secrets of the Tai Chi Circle: Journey to Enlightenment

Anyone, regardless of any or no Tai Chi experience, would enjoy this sweet and wisely written story. I was fortunate enough to have studied some QiGong with Luke Chan, the author, at a retreat in New York. He was as wise and insightful, although young, as any Tai Chi master. The story of self discovery is told over and over, and I've read MANY, watched MANY in movies etc., and have my own story to write. None are better than this one! It spoke to me on every level of my being. It is well worth reading, and/or giving to everyone you know! It truly belongs in every 'seekers' library.

This book was loaned to me after my mother passed away, it helped me with her passing. Recently my father died, my ex-wife and daughter both had problems with his passing. I bought 3 copies of this book and gave them both a copy. After reading it they both thanked me. It helps you understand troubles that affects your life.

It has always been an ancient tradition to pass on lessons and advice in life through the medium of stories, parables and poems. Tai Chi is often taught by relating stories with a message. Each of the nine chapters cover a Tai Chi story. They include The Lotus, Waterfall, South Sea, Moonlight, Blue

Sky, Red Rose, Rainbow, Flower and Butterflies. In conclusion, this is a book for anyone who is interested in the philosophy and principles of Tai Chi. Rating: 4 Stars. Joseph J. Truncate (Author: Season of the Warrior: a poetic tribute to warriors).

I read this book without any prior knowledge of Tai Chi, and enjoyed every word of it. It is a story with characters that reveal themselves honestly, showing all the faces of being human, and sharing the learned wisdom of how to live a successful life. I am now re-reading it, one section at a time, after practicing ChiLel Qigong for over 6 months, a method described in the author's other book "101 Miracles of Natural Healing". I must say that when before I thought this "Secrets" book was profound, now I am getting even more from it, after experiencing working with my body, with chi (life energy), and with meeting other ChiLel Qigong students, who share wisdom just like in this book. I highly recommend this book to anyone who is searching for ways to improve how they live their lives. The lessons stick with you because they are in story form, and done beautifully.

If you're new to the mysteries of Tai Chi Chuan, an ancient form of Chinese martial arts, meditation & calisthenics, you just won't find a more delightful novel. The author goes deeply into his subjects search for self realization and finding the secrets of a happy life through the mystery of "Tai Chi". This book will NOT teach you the forms of "Tai Chi Chuan" but will probably cause you to seek out a teacher to explore the wonders that the author reveals. Written in a simple form, the book will make you laugh and cry at times and will definitely touch your heart! I am buying several copies to send to friends and will keep one available for those I meet in crisis periods in their lives. My feeling is that since there are now millions & millions of people learning these ancient secrets, why not give it a chance.. You'll be glad you did!

I have practiced taijiquan for well over a decade, and have read and pondered many books on the subject. The deeper I go, the more I find volumes like Secrets of the Tai Chi Circle to be the true essence of the art. There is a pure love in the few pages of this book - the thing we are all looking for, whether we recognize it or not. My opinion.

An enjoyable and entertaining read for the uninitiated. However a little too heavy on the cliches, and absent of real substance for the serious T'ai Chi student to get much from.

I had been practicing tai-chi and chi-lel for more than a year almost everyday when I started reading

this book. It is a very simple yet effective story reflecting our everyday life. It reminds us not to forget the simple but very important laws of life.

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